

2. TEENS — **SELF**

27

What does any of it mean to ME?

- Visiting a mission, seeing others with less.
- Getting ready to leave home.
- Seeing the pitfalls of marrying before you are 25.

3. 20s — **SURVIVAL**

31

Can I SURVIVE in the adult world?

- Relaxing — no one is expecting you to change the world in your 20s.
- Deciding what you do not want to do for the rest of your life!
- Saving ____% of your income and living on the rest.

4. 30s — **SUCCESS**

37

How SUCCESSFUL can I become?

- Defining success, defining failure.
- Balancing your time, family and work.
- Finding a mentor and becoming one.

5. 40s — **SIGNIFICANCE**

47

I'm successful, but is any of my work/life SIGNIFICANT?

- Moving your focus from success to significance.
- Defining your lifework.
- Struggling in our 40s is very normal!

6. 50s — **STRIDE** 61
Am I "OVER THE HILL"?

- Moving from "feeling old" to "getting ready" to maximize your 60s!
- Defining your "north star."
- Writing out your life milestones.

7. 60s — **STRATEGIC** 69
How do I FINISH WELL?

- Maximizing your most productive decade: your 60s.
- Thinking strategically.
- Moving from "full speed" to "semi-retirement."

8. 70s — **SUCCESSION** 79
WHO will carry on what I've been doing?

- Mentoring your successors — a significant part of your legacy.
- Writing out your memories for the next 10 generations of your family.
- Keeping your will updated.

9. 80s — **SLIPPERY** 85
Can I count on my HEALTH?

- Keeping up your health becomes a regular routine.
- Attending friends' funerals, supporting their family members.
- Reducing your expenses to a "new normal."